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1995 - 2024



SADHGRAHA

A Humanitarian Initiative to Provide Homes for the Tribes



Message

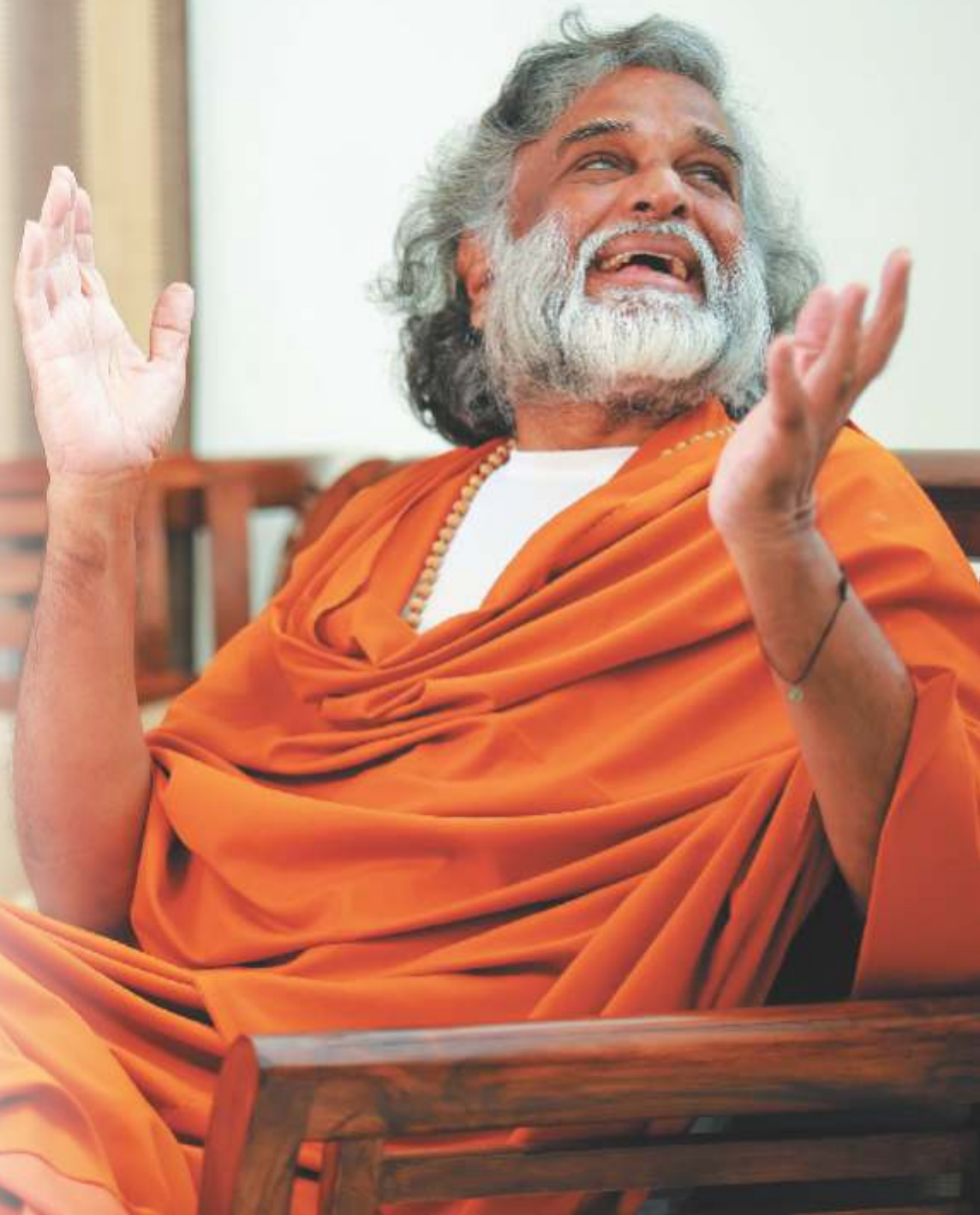
I've been consistently asked on what leads to spiritual advancement? What is it that would suffice the human heart? The answer to these questions doesn't need any extensive study. It is only if we begin to self-introspect, we would discover that there is an abundance of wisdom within. The supreme satisfaction in a human comes by understanding the nature of the world, its existence and our symbiotic relationship with it. Attaining solitude through philanthropy is yet another act of sublimity which is mounted over humanity, i.e. we can demonstrate benevolence just by comprehending the needs of the needy.

The primary objective of HRDS INDIA is to promote priestly actions of charity and humanitarianism. Since its inception, the sole aim has been to contribute generosity, compassion and care to the world by acknowledging the presence of other human beings in adverse circumstances. However, there persist some tribal sects which have been left unattended. It's essentially important for us to think in magnitude about this waning humane attitude. Societal constraints and cultural backdrop have cumulative effect on the wellbeing of these divine offspring. Therefore, support of any kind significantly lessens their suffering and atrocities.

It is interesting to see the emergence of benign sensibility in men today. It is essential to keep this spirit alive. The stoic self has helped us to assist our mankind by equalizing every man. Such an attitude would help our destitute tribes to escape the shackles of transgression and various other prejudices. In my conviction, I find this magnanimity of one human helping the other as an ideal virtue to achieve spiritual providence.

HRDS INDIA with its sanguine motto of 'Help-Heal-Host' is not just an illusionary institution but has a straightforward vision and vehement determination. It is successful in accomplishing its goal of heeding humanity. Hence, its values grounded in tradition presents a platform for the others to join its socially spirited ecosystem.

Atma Nambi
President, HRDS INDIA



SADHGRAHA

A Humanitarian Initiative to Provide Homes for the Tribes



Donate One Brick, Build Up the Tribe's Life Empowering Millions Through Sustainable Housing

Uplift lives, brick by brick. The Sadhgraha Housing Project, a cornerstone initiative of HRDS INDIA, is dedicated to creating a transformative impact on the lives of 85 million homeless tribal people across the nation.

We embarked on this mission with a vision to construct 20 million houses, specifically catering to the neglected tribal population. HRDS INDIA's ambitious action plan is well underway, with a resolute commitment to building an estimated 10 million houses within a targeted timeframe.

Spreading our reach, one state at a time. HRDS INDIA has commenced construction efforts in various states across India, including Kerala, Tamil Nadu, Odisha, Rajasthan, and the Northeast, encompassing a vast geographical area.





Give Them A Chance to Live: Bridging the Divide in Modern India



The narrative of India's progress is often a tale of resounding growth and a booming economy. Yet, amidst the celebratory clamor, the plight of the oppressed remains largely obscured. Buried beneath the veneer of development, the underprivileged cry out unheard, their desperate pleas drowned out by the cacophony of progress. The marginalized become collateral damage in the relentless pursuit of national prosperity.

This stark bifurcation, a society fractured by wealth and poverty, exposes the deep fissures within our nation. Even in idyllic corners of India, paradises for some, there exist desolate pockets where basic necessities like food and shelter remain a distant dream. Dispossessed and forgotten, these men, women, and children live a precarious existence, devoid of even the most fundamental rights. While government programs aim for upliftment, bureaucratic inertia often renders them ineffective, leaving the most vulnerable mired in their struggles.





Can we truly find peace while our fellow human beings struggle to meet their basic needs? Can we claim contentment when others are denied education and justice? The answer is a resounding NO. Every individual deserves the fundamental right to live a life of dignity and respect. The time for inaction is over. We must collectively rise to protect the rights of the most vulnerable and uplift our marginalized brothers and sisters.

True wisdom transcends mere knowledge; it is embodied in action. Let us demonstrate compassion towards those who are deprived. This task may seem daunting, but it is far from insurmountable. Together, hand in hand, we can make a difference. The power to bring a smile lies within you. With your philanthropic support, HRDS INDIA implements impactful livelihood programs, empowering the vulnerable and transforming lives.





Empowering The Marginalized, Transforming Lives



HRDS INDIA is a leading non-governmental organization (NGO) dedicated to championing the cause of marginalized communities. Founded in 1995, we are driven by a deep commitment to uplifting the lives of the underprivileged, irrespective of caste or creed.

Our mission is multifaceted and impactful. We actively address a wide range of challenges faced by the poor and disadvantaged, from eradicating poverty to promoting health and sanitation. We champion environmental protection and advocate for the empowerment of women. We strive to secure tribal land rights and create much-needed employment opportunities. Furthermore, we are firm believers in the power of education and the importance of fostering strong values.

To achieve these ambitious goals, HRDS INDIA implements a diverse portfolio of well-defined and innovative projects across various Indian states. All our initiatives are strategically designed to promote sustainable development and empower the downtrodden, fostering a more just and equitable society.





The Power of Education and Economic Opportunity: Uplifting Tribal Communities

Human progress hinges on socioeconomic advancement. Education empowers individuals, fostering understanding and confidence to navigate life's challenges. However, the reality for many tribal communities paints a grim picture. They are systematically denied basic necessities like food, clothing, shelter, and sanitation. Stagnant economic prospects and lack of education perpetuate this cycle of marginalization.

At HRDS INDIA, a core mission is to implement sustainable income-generation programs. Equipping individuals with the means to earn a living fosters a sense of achievement and self-reliance, transforming lives and uplifting entire families. This economic empowerment brings not only financial security but also the dignity and confidence to thrive.





The Plight of Tribal Communities: A Call for Action



Tribal communities in India face a disheartening reality. They are among the most marginalized segments of society, often overlooked by local and state authorities. HRDS INDIA stands as a champion for these vulnerable populations. We have meticulously designed a range of projects specifically aimed at holistic development of tribal communities.

Our objectives are clear that, Empowering tribal communities with access to essential necessities like secure housing, nutritious food, and proper clothing. Safeguarding their health by ensuring access to quality medical care. Breaking the cycle of poverty through education, equipping individuals with the tools to build a brighter future.

Through strategic partnerships with funding agencies, Corporate Social Responsibility (CSR) initiatives, and national government grants, HRDS INDIA is empowered to enact significant change at the grassroots level. We are the voice for the voiceless, a beacon of hope for a more equitable and just society.





Bridging the Gap: Empowering Tribal Communities through Advocacy

Tribal communities in India often grapple with the burden of invisibility. Consumed by the daily struggle for survival, they lack the resources and reach to access crucial support. Their pleas for assistance frequently go unheeded by bureaucratic structures that view them as a low priority.

While government initiatives aimed at strengthening tribal societies exist, they are often hampered by communication breakdowns and flawed implementation, failing to deliver the intended benefits.

HRDS INDIA serves as a vital bridge, connecting the most vulnerable populations with the support they desperately need. We act as a champion for the marginalized, a voice that cuts through bureaucratic red tape to secure justice for those who have been silenced. Through you, our generous donors, we empower these communities to claim their rightful place in society.





Championing Tribal Development: Building a Brighter Future

Tribal communities and economically disadvantaged sections are at the heart of HRDS INDIA's mission. Our meticulously crafted action plan prioritizes delivering fundamental necessities – secure housing, nutritious food, proper clothing, quality healthcare, and educational opportunities – to these neglected populations.

We strive to make a tangible difference in the lives of the underprivileged, restoring dignity and fostering self-sufficiency. Our long-term vision is to empower these communities to achieve economic stability and sustainable growth, ensuring a brighter future for generations to come.





Redefining Tribal Habitat

This transformative initiative prioritizes the creation of salubrious and sanitary living environments that seamlessly integrate with the natural world. The project unveils a pioneering feature - the incorporation of exceptional fiber cement panels as the cornerstone building material. These panels not only deliver uncompromising structural integrity but also champion environmental stewardship. The program envisions the construction of these homes on individually-owned plots within tribal communities. A meticulously crafted action plan and rigorous methodology govern every aspect of the project, ensuring strict adherence to the established guidelines.





HRDS INDIA - A HONORABLE VOYAGE TO PAST KEY ACHIEVEMENTS



- SADHGRAHA - Tribal Housing Project
- DDU-GKY - Provide Skill Development Program for Youth
- KARSHAKA - Cultivation of Medicinal Plants
- NIRAMAYA - Traditional Medicine and Research
- EKAGRAH - Educational Program
- AAGNEYA - Non-Conventional Energy Project
- JWALAMUKHI - Women Empowerment
- PARASPARAM - Psycho Social Holistic Development
- SANGAMITHRA - Youth Development Program
- HRDS INDIA Project in Africa





When a Woman Empowered
A Family is Empowered



“MIRROR OF INDIAN TRADITION” Empowering Women: Shattering Societal Stereotypes

The very word "woman" often evokes images of an unfairly marginalized social group, denied rightful recognition and relegated to a secondary role in society. This marginalization is particularly acute for women burdened by poverty, whose struggles are often rendered invisible.

The Jwalamukhi women's empowerment project was born from a deep understanding of these pervasive issues. Our mission is to uplift these disadvantaged women by establishing Self-Help Groups (SHGs) and equipping them with valuable skill-development programs. This comprehensive approach empowers them across all aspects of their lives. Supported by HRDS INDIA, these women join forces to pursue shared goals. They establish income-generating ventures such as stitching units, small businesses, and even canteen management. These initiatives not only bolster their financial security but also foster social empowerment.

The path to true societal equality demands commitment, resilience, and dedication. The Jwalamukhi project fosters these very qualities, guiding women on a collective journey towards achieving their rightful place in society.





Uplifting Tribal Communities & Empowering Wholeness: The SADHGRAHA Project



Since its inception in 1995, HRDS INDIA has championed the cause of tribal communities, placing their well-being at the forefront of our mission. Our welfare projects have demonstrably addressed their fundamental needs, encompassing food security, adequate shelter, access to clean water and sanitation, essential healthcare, and educational opportunities. Through commitment and tireless efforts, HRDS INDIA has significantly propelled tribal societies towards a more dignified and fulfilling life.

The SADHGRAHA Project exemplifies this ongoing dedication. This transformative housing initiative caters to the underprivileged tribal populations across various Indian states. The project's impact is multifaceted. It provides safe and secure havens for homeless tribal families, fulfilling a critical basic need. Furthermore, it fosters a profound sense of security and stability, empowering residents to thrive. The project's core objective embodies an altruistic spirit – to liberate these communities from the often-deplorable living conditions they endure.





Empowering Lives, Building Dreams: The Sadhgraha Tribal Housing Project



HRDS INDIA proudly presents Sadhgraha, a transformative initiative dedicated to uplifting the lives of tribal communities across India. We go beyond simply constructing houses; we cultivate hope and nurture aspirations by providing safe and secure havens. Sadhgraha isn't just about bricks and mortar; it's about empowering families and fostering stability. By creating healthy living environments, we equip communities with the foundation to thrive.

HRDS INDIA has pioneered remarkable strides in house construction across Kerala, Tamil Nadu, Karnataka, Odisha, Rajasthan, and other regions prone to vulnerability. This highly impactful endeavor fosters self-sufficiency and empowers communities to build a brighter future. The Sadhgraha Tribal Housing Project stands apart by offering exceptional living standards to tribal communities. We move them beyond cramped confines, providing spacious and dignified living spaces that nurture their dreams and aspirations.





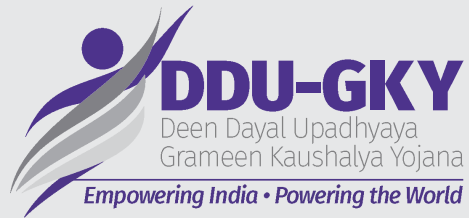
Building Hope, Brick by Sustainable Brick Empowering Lives Through Sustainable Housing

HRDS INDIA envisions a future free from homelessness. We construct sturdy, secure homes for deserving families in targeted districts.

To ensure long-term success, families owning a minimum of 3 cents of land within the project area are eligible. These new dwellings will provide a safe haven, improve lives, and kindle hope for a brighter future. The project extends beyond housing. We provide training in valuable skills, particularly for women, fostering economic empowerment and a fulfilling life.

We utilize revolutionary Fiber Cement Panels – eco-friendly, resilient, and certified by prestigious institutions for strength and durability. HRDS INDIA aspires to eradicate homelessness nationwide, inspiring similar initiatives and fostering a more equitable future.





Empowering Rural India's Youth: DDU-GKY & Yuvakeralam

DDU-GKY (Deen Dayal Upadhyaya Grameen Kaushalya Yojana) and Yuvakeralam are trailblazing initiatives with a singular focus: empowering rural youth from economically disadvantaged backgrounds, aged 15-35. Aligned with the Skill India Mission, these programs play a pivotal role in bolstering the government's socio-economic agenda, encompassing transformative initiatives like Make in India, Digital India, Smart Cities, and Startup India. Our mission is to orchestrate the metamorphosis of rural youth into an economically self-sufficient and globally competitive workforce by leveraging the power of central government grants and meticulously crafted skilling initiatives.





Ekagrah Project: Fostering Educational Equity for Underprivileged Children

HRDS INDIA's pioneering Ekagrah Project, established in 2009, tackles the critical issue of educational disparity faced by economically disadvantaged children. Recognizing education as a key driver of social mobility, this project provides holistic support; ensuring financial limitations don't hinder a child's access to quality education.

The initial phase of Ekagrah focused on awarding merit-based scholarships, acting as a financial catalyst to incentivize academic achievement. These scholarships alleviate the financial burden of higher education, empowering students to fully dedicate themselves to their studies. Freed from financial constraints, scholarship recipients can invest more time and energy in enriching their academic endeavors.

The project has since strategically expanded to encompass the distribution of comprehensive educational kits in remote schools. Through support from government bodies, ministries, and corporations committed to social responsibility such as Indian Oil Corporation Ltd., HRDS INDIA equips these schools with essential learning materials. The program has embraced technological advancements, with the first phase witnessing the distribution of electronically loaded tablets, brimming with a wealth of educational content, to institutions like JNV, Alleppey.





Empowering Education, A Triumphant Journey in Reimagining Learning

HRDS INDIA's foray into revamping the educational landscape has been a resounding success. Our innovative approach has demonstrably enhanced the learning experience, fostered improved exam performance, and empowered educators with a more streamlined, accurate, and intelligent student assessment system.

However, HRDS INDIA has also identified a critical challenge in several states: a significant number of tribal students, even after completing their education, struggle with fundamental literacy skills – the ability to read and write basic words and sentences. This issue extends to students pursuing their SSLC qualification. Our observations revealed a strong preference among these students to communicate in their native languages, often leading to difficulties in comprehending lessons delivered in a common language. Teachers, recognizing this language barrier, often resort to employing colloquial tribal languages to bridge the communication gap.

To dismantle these language barriers and dismantle the shackles of social disadvantage, HRDS INDIA has undertaken a strategic initiative. We have established a robust foundation through targeted workshops designed to inspire and motivate tribal children. These workshops place a strong emphasis on honing their analytical and computational thinking skills, equipping them with the tools they need to excel in their academic pursuits.





Cultivating a Sustainable Future: The Karshaka Project

The foundation of efficacious Ayurvedic medicine rests upon a consistent supply of authentic raw materials. To achieve this, the cultivation of medicinal plants is paramount. However, our precious resource pool is diminishing at an alarming rate. In response to this critical challenge, HRDS INDIA proudly presents the Karshaka Project – a pioneering initiative designed to cultivate a sustainable future for medicinal plants and empower tribal communities.

The Karshaka Project strategically utilizes vast tracts of unused tribal land, revitalizing its agricultural potential and restoring its fertility. Implemented across a sprawling acreage, this project operates under a mission-mode NGO framework, ensuring that HRDS INDIA fully underwrites all infrastructural expenses.

This transformative initiative fosters self-sufficiency among tribal communities by equipping them with the knowledge and resources necessary to generate a steady income stream. The project extends beyond cultivation, promoting vital skill development practices that empower these communities to lead fulfilling lives.





Niramaya: Sustainable Animal Husbandry for Empowering Communities

The Niramaya project is a pioneering initiative in indigenous animal husbandry. It focuses on the preservation and time-tested sustainability of native (Desi) cattle breeds like Gir, Badri, and Pahadi cows in India.

Going beyond mere protection, HRDS INDIA has designed an income-generating program called BMCU (Bulk Milk Colling Unit). This program empowers women in villages by distributing cows along with comprehensive training and essential equipment for their care. HRDS INDIA's strategically located collection centers act as a vital channel, connecting villages to the BMCU. This initiative specifically targets tribal communities and the economically underprivileged to help them achieve financial stability.

The Niramaya project offers a multitude of advantages, creating a holistic and sustainable ecosystem.





AAGNEYA - NON-CONVENTIONAL ENERGY PROJECT “Keep the Biodiversity Colourful”

Biogas energy can play an important role in India's energy transition, ensuring energy security and affordability, enhancing entrepreneurship, providing rural employment, and boosting local economies. HRDS INDIA is implementing the first phase of this project with 534 acres of land in Trichy Tamilnadu State. The Aagneya project primarily focuses on manufacturing compressed biogas for Industrial purposes that counter environmental problems, aiming to support energy generation from, agricultural waste, plant residue, food waste and other non-conventional or renewable sources. The use of Biogas as automotive fuel is a significant step forward in generating replenishable power resources for the farmers of India.

Biogas generation using organic waste is a viable alternative, a highly durable source of income for the farming population. We would also be forming clusters for farmers by incorporating their participation for the smooth and proper





functioning of this project which would also be an upliftment for the living standards of farmers. We help these peasants with technical and mechanical support. Napier grass production and plant management inclusive of animal husbandry would secure a long-term income source for 5000 agriculture dependent families.

The Aagneya project comprehensively supports sustainable development objectives for Agricultural India. Improved quality of life alongside occupational health and safety can be made possible by replacing fossil fuels with renewable sources. It thereby facilitates biodiversity preservation, efficient energy production and economic empowerment of the nation as a whole.



SANGAMITHRA YOUTH CLUB



Empowering Tribal Youth: The Sangamithra Promise

HRDS INDIA is dedicated to fostering positive change within tribal communities, with a particular focus on empowering the next generation. Through our pioneering initiative, the Sangamithra Youth Development Programme, we embrace a strengths-based approach. This philosophy recognizes the inherent potential within young people to cultivate and refine socially valuable characteristics.

The program centers around the establishment of Sangamithra Youth Clubs. These vibrant hubs serve as a platform for youth mobilization, equipping them with essential knowledge and guidance across diverse fields. Our comprehensive curriculum encompasses Soft Skills Training, Motivational Sessions, Computer Literacy, Career Guidance and Examination Preparation, etc.

The Sangamithra Youth Development Programme is meticulously designed with a practical, actionable, and evidence-based foundation, endorsed by esteemed experts. We are committed to empowering tribal youth, unlocking their potential, and shaping a brighter future for their communities.



HRDS INDIA INITIATIVE



PARASPARAM
CENTER FOR REHABILITATION & CARE



Parasparam: Empowering Lives Through Holistic Development

Parasparam is a transformative social movement, meticulously designed to foster the holistic well-being of children, adolescents, and senior citizens. This visionary project fervently champions the pursuit of a life imbued with meaning and purpose, safeguarding the inherent virtues and nobility within each individual. It serves as a powerful bulwark against all forms of abuse directed towards children and women, relentlessly striving for their complete protection.

HRDS INDIA acknowledges the critical need to address the knowledge gap and lack of awareness plaguing young minds, particularly regarding the physical and psychological transformations that occur during adolescence. This crucial phase often coincides with the onset of various health concerns. In response to this exigency, we have meticulously crafted comprehensive adolescent health programs. These programs encompass a multifaceted approach, delivering essential services such as Immunization, Health Education, Nutritional Education and Supplementation, Women's Hygiene Control Measures, Stress Management, Child Rights Awareness, Mobile Counseling. Through this multifaceted approach, Parasparam empowers individuals of all ages to lead fulfilling and healthy lives.





Effective Methods to Bring Effective Results

In its relentless drive to empower the impoverished layers of society, HRDS INDIA adopts an encompassing strategy. This involves a myriad of multimedia communication programs, thoughtfully tailored to connect with and elevate these individuals. Our expansive mass awareness campaigns incorporate seminars, workshops, classes, and lectures, addressing a wide variety of themes. These themes extend from personality development and skill acquisition to community enrichment, sustainable farming, health and sanitation, and environmental stewardship.

In recognition of HRDS INDIA's steadfast and selfless dedication to the tribal community, we have been honoured with the esteemed "Baba Saheb National Award 2016" and the "Shri. Dattopant Theangudigi National Award" for Excellence in Social Service 2020. These distinguished honours underscore our enduring commitment to improving the lives of society's most vulnerable.





Message

Within the sphere of villages, most indigenous tribes are indissolubly drenched with powerlessness, destitution and hunger. Their lives are conditioned by prerogatives and it is this section of society who sought to reduce to lower standards of living for mere sustenance. This narration and construction of a tribal landscape wrapped with despair gives us a vision of the height of deprivation that they suffer from. Looking at such a lifeless portrait, I began to ponder on, how can a privileged wing of the society, fill colors onto this canvas? And it is this question that kept lingering and loitering whenever I saw any impoverished child on the breadline or any helpless mother under reduced circumstances or any forlorn being for that sake. And this led to a change.

In the light of Guru Atma Ji and with the strong support of Govt. of India as well as devoted team, I could move forth and lead such a successful foundation. A socially sustained organization was laid to serve these needful tribes in different parts of India. The establishment of HRDS INDIA was an upshot that gave resolutions to many such prevailing problems of the tribal communities. Since its inception, its aim has been to provide support and guidance through its altruistic interventions. Various projects are being set up to uplift their livelihood. These include Sadhgraha, Karshaka, Jwalamukhi, Niramaya, Ekagrah, Parasparam, Sangamithra & Aagneya so on and so forth. Embarking on such projects would not only lead this highly vulnerable sect towards advancement, but would also mitigate their miseries.

The dynamics of teamwork are inclusive of cooperation, resolution in unanimity and collateral hard work. We have people in our team who adept at problem solving, whom we call 'shapers' who monitor and evaluate decisions. These are implementers who see the bigger picture and innovate to turn every idea into practical ideas. HRDS INDIA has changed its direction in the influence of our team. In conjunction with our considerate and dedicated team members, we also get aid and assistance from philanthropic corporations and institutions. This benignity is a symbol that humanity is not repressed yet. I acknowledge and welcome all forms of favor, social, economic, or manual as it brings brightness and hope into the lives of spiritless tribes. Through little efforts we can constitute a peaceful, classless society and build an ideal castle where humanitarianism is the only religion and Sharing is a new trend in vogue.



Aji Krishnan

Founder - Secretary, HRDS INDIA



▶ **SADHGRAHA**
Tribal Housing Project



▶ **KARSHAKA**
Cultivation of Medicinal Plants



▶ **JWALAMUKHI**
Women Empowerment

▶ **PARASPARAM**
Psyco Social Holistic Development



▶ **EKAGRAH**
Educational Program



▶ **DDU-GKY / YUVAKERALAM**
Skill Development (Govt. of India)



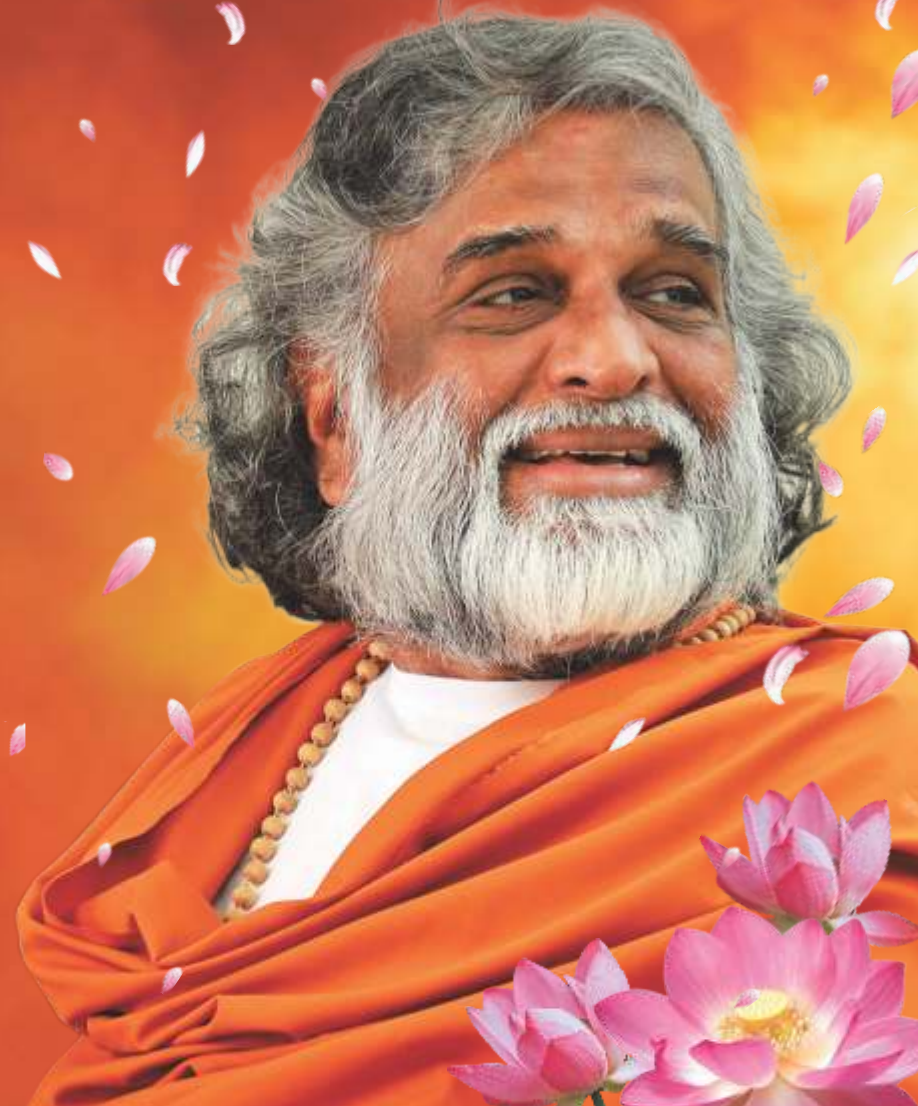
▶ **NIRAMAYA**
Traditional Medicine and Research



▶ **SANGAMITHRA**
Youth Development Program



▶ **AAGNEYA**
Non-conventional Energy Project



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HRDS INDIA, Palakkad - 678 013, Kerala, India.
Ph: 0491 2572576, Mob: +91 9447025474
Email: mail@hrdsindia.org

HRDS INDIA, Corporate Office,
Jor Bagh, New Delhi - 110 003.
Ph: 011 24650541, 24650542
Mob: +91 9446001981, 9354219083

